

CARLISLE COUNTY COOPERATIVE EXTENSION

4-H NEWSLETTER WINTER-SPRING 2024

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OPEN A WORLD OF FLAVOR AND HEALTH WITH 4-H BAKING CLUB

Carlisle County Cooperative Extension volunteer Edwina Turner and 4-H agent Cole Bell lead the Baking Club on the second Friday of each Month. In January, the Baking Club made Wally Cat Pizzas. Wally Cat Pizzas are a KYNEP recipe utilizing a split English muffin topped with your favorite pizza toppings for a quick, healthy snack. The QR code below will take you directly to the Kentucky Nutrition Education Program website. Find the Wally Cat Pizza Recipe or browse many other nutritious recipe options.

DISCOVER CONSTRUCTION AND ENGINEERING WITH LEGO CLUB

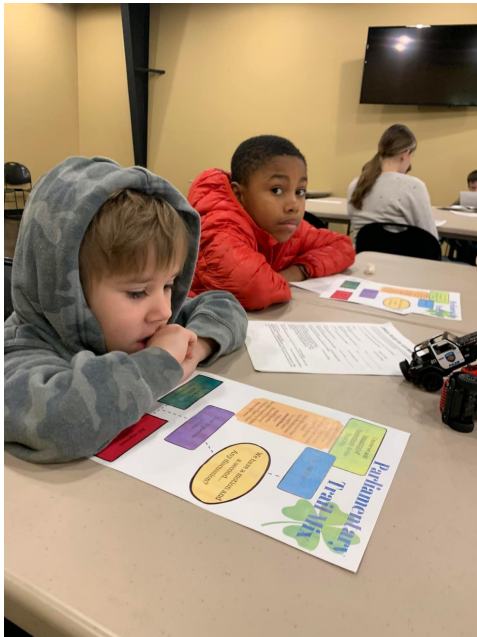
Lego Club meets the first Tuesday of every month. We started off the first club meeting in January, where club members worked both individually and as a team to build bridges. In February, the lesson will be to create a marble maze on a LEGO base plate. We had an a-maze-ing turnout at the first meeting, but there is still plenty of room for others to join, and we would love to see you there!



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TRI-COUNTY HOMESCHOOL CLUB

4-H and Family and Consumer Sciences agents from Carlisle, Hickman and Fulton Counties come together once a month to lead a club for homeschool students from our counties. We meet the third Monday of every month, and we would be very excited to see some youth from Carlisle County participate with us. Last month, the club learned about Parliamentary procedure interactively by making a trail mix. Everyone took turns making a motion and discussing what ingredients they would like to be added to the trail mix. This activity was facilitated by our very own Family and Consumer Sciences agent Brooke Hogancamp. Next month we plan to learn about Health.

UPCOMING EVENTS:

Lego Club: First Tuesday of each month 3:30-5PM

4-H Summer Camp at Dawson Springs: May 27th-30th

Woodworking Club dates have yet to be determined.

Gardening Club dates have yet to be determined.

Cloverbuds Afterschool Club: 2nd Tuesday of each month, 3:30-4:30, Grades K-3

Laugh & Learn School Readiness, Children 2-5 accompanied by an adult: 4th Friday of each month, 10-11:30 AM

Please call our office at 270-628-5458 to register for events.

HOMESCHOOL 4-H CLUB SCHEDULE

2023-2024 4-H Year

September 25 10:00 AM-12:00 PM

October 23

November 20

January 22

February 26

March 18

April 29



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This institution is an equal opportunity provider.

Reasonable accommodations for individuals with disabilities will be provided free of charge upon request.

Language access services for limited English proficient individuals will be provided free of charge upon request. Please contact Cole Bell at cole.bell@kysu.edu with requests.